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The experience of using the portfolio as a resource for follow-up of compulsory curricular traineeship in a specialized health college

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ABSTRACT

Introduction: The processes of acquisition, construction of knowledge and evaluation of student learning in undergraduate courses are constantly discussed in order to propose improvements in teaching and learning. The portfolio is a self-reflective educational resource, developing skills and expanding learning. **Objective:** report the experience of using the portfolio as a resource for follow-up of compulsory curricular traineeship in a specialized health college. **Method:** Experience report. **Results and Discussion:** When they enter the last year of the Psychology course, students are guided on the construction of the reflective portfolio, being an active and fundamental participant in their assembly, developing decision-making skills, analytical and critical in writing their experiences of stages, in the theoretical basis of its activities, which allow it to evaluate its investment, autonomy, possibilities and difficulties in the stage. **Conclusion:** The use of the portfolio allowed the development of critical thinking, reinventing and innovating the teaching and learning process in the compulsory curricular stage.

Keywords: highereducation, psychology, portfolio

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